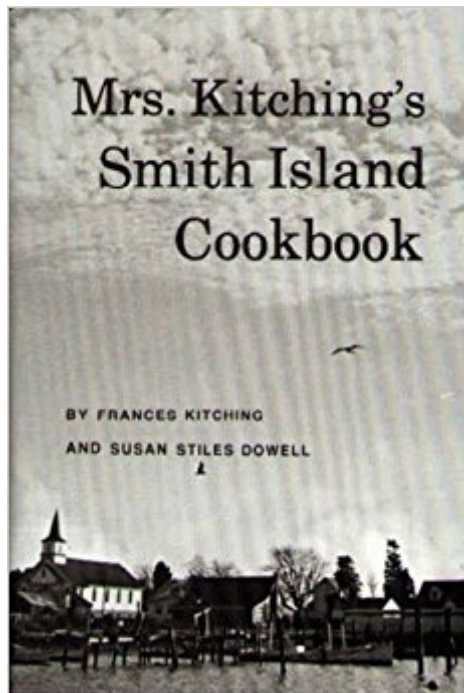


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# Mrs. Kitching's Smith Island Cookbook



## Synopsis

On tiny Smith Island, seventy-five miles southeast of Washington, D.C., in the middle of the Chesapeake Bay, Frances Kitching operated a small, widely renowned restaurant. Susan Stiles Dowell, working closely with her, gathered more than one hundred of her recipes -- many of them from the generation-to-generation, oral tradition. This is more than just a regional cookbook. In Mrs. Dowell's sensitive and luminous telling of the lore and lure of this remote island, and in forty evocative photographs, colorful people and places come to life.

## Book Information

Hardcover: 127 pages

Publisher: Cornell Maritime Pr/Tidewater Pub; First Edition edition (May 1981)

Language: English

ISBN-10: 0870332643

ISBN-13: 978-0870332647

Product Dimensions: 0.5 x 6.2 x 9.2 inches

Shipping Weight: 12 ounces

Average Customer Review: 4.3 out of 5 stars 18 customer reviews

Best Sellers Rank: #762,757 in Books (See Top 100 in Books) #128 in [Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Middle Atlantic](#)

## Customer Reviews

I purchased this book for the Crab Loaf recipe, that I watched being made on a Food show, that was just like the one my mother used to make. However, it turned out to be the best all around Southern Maryland Crab recipes books I have ever tried. It's a "No Frills" cookbook, but it is filled with recipes the way True Blue Crabs are prepared here in Maryland. You will also enjoy her life on the Chesapeake Bay, and how she became famous because of her cooking. This is "OLD TIME" Southern Maryland cooking at it's best, and the true story of a woman, on an Island, on the Bay.

It was just what I was looking for. I really needed a recipe for Smith Island cake. But it has a lot of good seafood recipes too.

Probably the best seafood cookbook around!!!!

I bought this because a friend had a copy. I found the story of a life on Smith Island, to be interesting

and accurate. It provides insight to the hardships of Island living around the Chesapeake Bay. Some of the recipes are delicious and Mrs' Kitching's is a real person from the island. Very enjoyable!

great service provided. book was as described

I just love having it in my small collection of Maryland history.

Looks like some great recipes

I enjoyed looking thru book. Anxious to try the scrapple recipe. I was disappointed that the Smith Island Cake recipe was not included in the book.

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